



“We Weren’t Put on this Earth to Struggle”

Do you ever consider what you’re supposed to be doing with your life? We can sometimes get frustrated with this idea of “Where do I fit in?” and “What am I supposed to do with my life?” and we don’t know what direction to take. Before we know it, we’re feeling lost and clueless. How can we find clarity so that we can step into our hidden power?

In this episode, we’ll talk about how not to get too hung up on the idea that our purpose is something outside of us.

3 Takeaways

- We were given ONE unique strength, and that uniqueness IS our life purpose
- Our life purpose is both who we came to BE and what we came here to DO
- Our greatest strength can help us solve our challenges

Biggest Mistake to Avoid

Playing too small, or diminishing what we’re really great at. When we use our ONE greatest strength, it helps us overcome our challenges.

Exercise

Make a list of your 10 greatest strengths. Then narrow that list down to 5. Finally, choose one of those that seems to be unique to you. Consider that your life purpose is finding ways to express that one unique strength out there in the world. It will help you harness the magic of alchemy!



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